

Need to see a doctor now? Get connected with virtual care 24/7



When you need to see a doctor or nurse – anytime day or night – simply sign in to **HorizonBlue.com** or the **Horizon Blue app**¹. Get 24/7 access to U.S. board-certified doctors and registered nurses via video, phone or chat from the comfort of your home.

Convenient virtual care options:

See a doctor: Visit with a U.S. board-certified, licensed doctor without an appointment on a computer or mobile device through our telemedicine service, Horizon CareOnline^{SM 2}. This option is useful for treating common health problems like fever, colds and flu, sinusitis, skin irritations and rashes, abdominal pain, and more.

See a behavioral health specialist: You can also schedule an appointment with licensed psychiatrists, psychologists and social workers, from 7 a.m. to 11 p.m., for conditions such as anxiety, attention deficit/hyperactivity disorder (ADHD), bipolar disorder, and depression.

Talk to a nurse: Get advice and answers to health questions at no cost, 24/7, from a registered nurse through our Nurse Chat feature.

Who are the health care professionals?

Urgent medical care services for Horizon CareOnline are provided by U.S. board-certified, licensed doctors who average 15 years of experience in primary/urgent care.

Nurse Chat is staffed by registered nurses who have an average of 15 years of clinical experience and provide physician-approved information to guide health care decisions.



Register now so you're ready whenever you need care.
Visit **HorizonBlue.com** or download the **Horizon Blue app**.



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¹To download the **Horizon Blue app**, text **GetApp** to **422-272**, or download it from the App Store® or Google Play™. There is no charge to download the Horizon Blue app, but rates from your wireless provider may apply. App Store® is a service mark of Apple Inc., registered in the U.S. and other countries. Google Play™ is a trademark of Google LLC.

²Horizon CareOnline does not replace your relationship with the primary doctor or behavioral health professional you may see on a regular basis, but Horizon CareOnline is available when you need it.

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Spanish (Español): Para ayuda en español, llame al **1-855-477-AZUL (2985)** (TTY **711**). Chinese (中文): 如需中文協助, 請致電 **1-800-355-BLUE (2583)** (TTY **711**).

For more information about Horizon CareOnline, visit info.americanwell.com/where-can-i-see-a-doctor-online. For technical help, call the eService Desk at **1-888-777-5075** to speak with an agent for assistance, weekdays, between 7 a.m. and 6 p.m., Eastern Time. American Well is an independent company that supports Horizon Blue Cross Blue Shield of New Jersey in the administration of telehealth services. Horizon Blue Cross Blue Shield of New Jersey is an independent licensee of the Blue Cross Blue Shield Association. The Blue Cross® and Blue Shield® names and symbols are registered marks of the Blue Cross Blue Shield Association. The Horizon® name and symbols are registered marks, and Horizon CareOnlineSM is a service mark, of Horizon Blue Cross Blue Shield of New Jersey. © 2021 Horizon Blue Cross Blue Shield of New Jersey. Three Penn Plaza East, Newark, New Jersey 07105.

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